

# Run4Fun

Do you want to get back in shape but are tired of doing it on your own?

## CAMPUS RECREATION SERVICES

is now providing an opportunity for students, faculty, and staff to find a running group or partner!



### How it Works!

1. Fill out the Run4Fun information sheet located at [campusrec.cofc.edu](http://campusrec.cofc.edu).
2. Information will be entered into the database that will organize runners by age, gender, school affiliation, preferred running times, and locations as well as whether you are a recreational runner or you are looking for a training partner.
3. A copy of the database will be sent out to Run4Fun members.
4. Search the database for your future running group or partner!

### How to Sign Up!

1. Click <https://docs.google.com/spreadsheet/viewform?formkey=dGJJTVZPQmd3Qjd4MHhjSUINMjN0U2c6MQ>
2. Fill out the Sign-Up Sheet and submit when completed

**Questions? Call CRS at 953-5559 or email [ferrellikd@cofc.edu](mailto:ferrellikd@cofc.edu)**